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11-6-2010

# 2010 Great Northwest Athletic Conference Cross Country Championships, Event 2, Women 6k Run

Great Northwest Athletic Conference

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Central Washington University

Hy-Tek's Meet

2010 GNAC Cross Country Championships - 11/6/2010

hosted by Central Washington University

Yakima, WA (Apple Ridge Run Course)

Last Completed Event

Event 2 Women 6k Run CC

| Name                  | Year School        | Avg Mile | Finals |
|-----------------------|--------------------|----------|--------|
| 1 Porter, Sarah       | SR Western Wash.   | 5:39     | 21:04  |
| 2 Kipng'eno, Miriam   | SO Alas. Anchorage | 5:41     | 21:09  |
| 3 Keino, Ruth         | JR Alas. Anchorage | 5:45     | 21:26  |
| 4 Puga, Jaclyn        | SR NW Nazarene     | 5:56     | 22:06  |
| 5 Keegan, Shoshana    | JR Alas. Anchorage | 6:01     | 22:24  |
| 6 Wilt, Hallidie      | SR Alas. Anchorage | 6:02     | 22:27  |
| 7 Breihof, Lauren     | JR Western Wash.   | 6:04     | 22:37  |
| 8 Sieber, Raphaela    | FR Alas. Fairbanks | 6:06     | 22:43  |
| 9 Plunkett, Natty     | JR Seattle Pacific | 6:06     | 22:44  |
| 10 Minton, Joscelyn   | JR St. Martin's    | 6:07     | 22:49  |
| 11 Bick, Susan        | FR Alas. Anchorage | 6:09     | 22:56  |
| 12 Schnurr, Theresa   | JR Alas. Fairbanks | 6:10     | 22:57  |
| 13 Snawder, Erika     | SR Western Ore.    | 6:12     | 23:06  |
| 14 Wright, Amanda     | JR Western Ore.    | 6:13     | 23:08  |
| 15 Bohman, Emma       | SR Alas. Anchorage | 6:13     | 23:10  |
| 16 Mickelsen, Whitney | SO Msu Billings    | 6:14     | 23:14  |
| 17 O'Guinn, Ivy       | FR Alas. Anchorage | 6:15     | 23:16  |
| 18 Krehlik, Katie     | SO Alas. Anchorage | 6:16     | 23:20  |
| 19 Cecchi, KayAnna    | JR Western Ore.    | 6:17     | 23:25  |
| 20 Brisky, Sierra     | JR Western Wash.   | 6:18     | 23:27  |
| 21 Boyer, Jessica     | SR Western Wash.   | 6:19     | 23:31  |
| 22 Jackson, Sarah     | SR Msu Billings    | 6:19     | 23:33  |
| 23 Nation, Lacey      | SO Western Wash.   | 6:20     | 23:35  |
| 24 Mendoza, Adriana   | JR Central Wash.   | 6:20     | 23:35  |
| 25 Evans, Natalie     | FR NW Nazarene     | 6:25     | 23:52  |
| 26 Ler, Mykel         | SR Msu Billings    | 6:25     | 23:53  |
| 27 Hartnett, Phoebe   | JR Western Wash.   | 6:25     | 23:55  |
| 28 Johnson, Rachael   | SR Western Wash.   | 6:26     | 23:56  |
| 29 Fricker, McKayla   | FR Seattle Pacific | 6:26     | 23:57  |
| 30 Morrison, Tricia   | SR Western Ore.    | 6:27     | 24:00  |
| 31 Rogers, Mary       | SO Western Wash.   | 6:27     | 24:01  |
| 32 Pitney, Crystal    | JR Alas. Fairbanks | 6:27     | 24:01  |

|    |                    |                    |      |       |
|----|--------------------|--------------------|------|-------|
| 33 | Pecha, Kaitlynn    | JR St. Martin's    | 6:27 | 24:02 |
| 34 | Bronga, Jaime      | SO Alas. Anchorage | 6:27 | 24:03 |
| 35 | Cutting, Allison   | FR Seattle Pacific | 6:31 | 24:15 |
| 36 | Swenson, Meagan    | SO NW Nazarene     | 6:32 | 24:18 |
| 37 | Everetts, Janelle  | JR Western Ore.    | 6:32 | 24:20 |
| 38 | Applebee, Annan    | SR Western Ore.    | 6:32 | 24:21 |
| 39 | Ikeda, Haida       | FR Western Wash.   | 6:33 | 24:23 |
| 40 | Watson, Cheri      | SR Western Wash.   | 6:33 | 24:23 |
| 41 | Benedix, Jana      | JR Alas. Fairbanks | 6:33 | 24:24 |
| 42 | Thiel, Katie       | SR Msu Billings    | 6:33 | 24:25 |
| 43 | Owen, Mary         | SO Msu Billings    | 6:34 | 24:29 |
| 44 | Wald, Shena        | SR Msu Billings    | 6:35 | 24:31 |
| 45 | Carrick, Krysta    | SO Seattle Pacific | 6:35 | 24:33 |
| 46 | Rendahl, Ashley    | SR NW Nazarene     | 6:36 | 24:37 |
| 47 | Leaf, Jenny        | FR Western Ore.    | 6:37 | 24:37 |
| 48 | Everetts, Megan    | JR Western Ore.    | 6:39 | 24:45 |
| 49 | Chepkoech, Mary    | SO Alas. Anchorage | 6:41 | 24:53 |
| 50 | Butcher, Meryl     | JR Western Ore.    | 6:41 | 24:55 |
| 51 | Edic, Heather      | SO Alas. Fairbanks | 6:42 | 24:57 |
| 52 | Powell, Jordan     | SO NW Nazarene     | 6:42 | 24:59 |
| 53 | Laine, Kinsey      | JR Alas. Fairbanks | 6:43 | 25:01 |
| 54 | Kartes, Taylor     | FR Central Wash.   | 6:45 | 25:07 |
| 55 | Copeland, Erika    | FR St. Martin's    | 6:47 | 25:18 |
| 56 | Llapitan, Ashley   | SO St. Martin's    | 6:49 | 25:24 |
| 57 | Harwood, Christine | SO NW Nazarene     | 6:49 | 25:25 |
| 58 | Kreft, Kelsey      | JR Central Wash.   | 6:51 | 25:31 |
| 59 | Knape, Megan       | FR Seattle Pacific | 6:53 | 25:37 |
| 60 | Becker, Josephine  | JR Seattle Pacific | 6:53 | 25:38 |
| 61 | Owen, Karissa      | SR St. Martin's    | 6:53 | 25:39 |
| 62 | Hill, Sam          | SO NW Nazarene     | 6:53 | 25:39 |
| 63 | Lawson, Danika     | FR St. Martin's    | 6:54 | 25:43 |
| 64 | Bales, Berlyn      | SR Central Wash.   | 6:55 | 25:45 |
| 65 | Moser, Laura       | SO Seattle Pacific | 6:56 | 25:48 |
| 66 | Sincraugh, Ashlee  | FR Central Wash.   | 6:56 | 25:49 |
| 67 | Valera, Amanda     | JR Central Wash.   | 6:58 | 25:55 |
| 68 | Korthauer, Aurelia | SR Alas. Fairbanks | 7:00 | 26:05 |
| 69 | McGill, Krissy     | JR Central Wash.   | 7:03 | 26:17 |
| 70 | Clump, Keri        | FR Msu Billings    | 7:06 | 26:27 |
| 71 | Bock, Melanie      | FR Msu Billings    | 7:07 | 26:31 |
| 72 | Brown, Kelsey      | SO Seattle Pacific | 7:08 | 26:34 |
| 73 | Hummer, Sophie     | FR Central Wash.   | 7:12 | 26:48 |
| 74 | Wilkins, Kayla     | JR Seattle Pacific | 7:17 | 27:06 |



Manager

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